

# WHAT'S IN SEASON WHEN?

## SPRING

### ALL SPRING

|             |               |
|-------------|---------------|
| Arugula     | Lettuces      |
| Bok choy    | Radishes      |
| Broccoli    | Scallions     |
| Cauliflower | Spinach       |
| Herbs       | Spring onions |



### MARCH

|                  |               |
|------------------|---------------|
| Brussels sprouts | Pears         |
| Celery root      | Romanesco     |
| Chestnuts        | Sunchokes     |
| Kohlrabi         | Turnips       |
| Leeks            | Winter squash |
| Parsnips         |               |

### APRIL

|                  |               |
|------------------|---------------|
| Asparagus        | Ramps         |
| Brussels sprouts | Rhubarb       |
| Green garlic     | Spring onions |
| Morels           | Strawberries  |
| Nettles          | Sunchokes     |
| Parsnips         | Turnips       |
| Pea shoots       |               |



### MAY

|                  |                    |
|------------------|--------------------|
| Asparagus        | Rhubarb            |
| Dandelion greens | Snap peas          |
| Garlic scapes    | Snow peas          |
| Green garlic     | Sorrel             |
| Morels           | Strawberries       |
| Nettles          | Vegetable starters |
| Pea shoots       |                    |
| Ramps            |                    |



## SUMMER

### ALL SUMMER

|             |               |
|-------------|---------------|
| Blueberries | Plums         |
| Cucumbers   | Raspberries   |
| Currants    | Scallions     |
| Green beans | Summer squash |
| Herbs       | Tomatoes      |
| Kohlrabi    |               |



### JUNE

|              |               |
|--------------|---------------|
| Apricots     | Radishes      |
| Arugula      | Shelling peas |
| Cherries     | Snap peas     |
| Fava beans   | Snow peas     |
| Gooseberries | Strawberries  |
| Lettuces     |               |



### JULY

|                 |                |
|-----------------|----------------|
| Apricots        | Nectarines     |
| Blackberries    | Okra           |
| Cherries        | Peaches        |
| Corn            | Peppers        |
| Eggplant        | Shelling beans |
| Gooseberries    | Snap peas      |
| Ground cherries | Snow peas      |
| Leeks           | Strawberries   |
| Melons          | Tomatillos     |



### AUGUST

|              |                |
|--------------|----------------|
| Blackberries | Okra           |
| Celery       | Peaches        |
| Corn         | Peppers        |
| Edamame      | Salad greens   |
| Eggplant     | Shelling beans |
| Grapes       | Tomatillos     |
| Leeks        | Winter squash  |
| Lima beans   |                |
| Melons       |                |
| Nectarines   |                |



## FALL

### ALL FALL

|             |               |
|-------------|---------------|
| Bok choy    | Kohlrabi      |
| Broccoli    | Leeks         |
| Cauliflower | Lettuces      |
| Celery      | Pears         |
| Ginger      | Tumeric       |
| Herbs       | Winter squash |



### SEPTEMBER

|             |                |
|-------------|----------------|
| Corn        | Pawpaws        |
| Cucumbers   | Peaches        |
| Currants    | Peppers        |
| Eggplant    | Plums          |
| Figs        | Salad greens   |
| Grapes      | Shelling beans |
| Green beans | Summer squash  |
| Melons      | Tomatillos     |
| Okra        | Tomatoes       |



### OCTOBER

|                  |                |
|------------------|----------------|
| Arugula          | Plums          |
| Brussels sprouts | Quince         |
| Chestnuts        | Romanesco      |
| Cucumbers        | Scallions      |
| Eggplant         | Shelling beans |
| Fennel           | Spinach        |
| Green beans      | Summer squash  |
| Kiwi berries     | Sunchokes      |
| Parsnips         | Tomatillos     |
| Peppers          | Tomatoes       |
| Persimmons       | Turnips        |



### NOVEMBER

|                  |           |
|------------------|-----------|
| Arugula          | Romanesco |
| Brussels sprouts | Scallions |
| Chestnuts        | Spinach   |
| Fennel           | Sunchokes |
| Parsnips         | Turnips   |
| Persimmons       |           |
| Quince           |           |



## WINTER

### ALL WINTER

|                  |               |
|------------------|---------------|
| Arugula          | Lettuces      |
| Bok choy         | Parsnips      |
| Brussels sprouts | Pears         |
| Cauliflower      | Romanesco     |
| Celery root      | Spinach       |
| Chestnuts        | Sunchokes     |
| Fennel           | Turnips       |
| Kohlrabi         | Winter Squash |
| Leeks            |               |



### DECEMBER

|          |        |
|----------|--------|
| Broccoli | Quince |
| Kalettes |        |



### JANUARY

|          |          |
|----------|----------|
| Kalettes | Radishes |
|----------|----------|



### FEBRUARY

|          |           |
|----------|-----------|
| Herbs    | Scallions |
| Radishes |           |



### ALL YEAR

|          |                |
|----------|----------------|
| Apples   | Kale           |
| Beets    | Microgreens    |
| Cabbage  | Mushrooms      |
| Carrots  | Onions         |
| Chard    | Potatoes       |
| Collards | Shallots       |
| Garlic   | Sweet potatoes |